



USCA
United Sindhi
Cultural Association

NEWSLETTER

Volume 2 Issue 1 (Issue 5)
August 2025 - October 2025

USCA'S MEGA TEEJRI / THADRI CELEBRATION



The United Sindhi Cultural Association (USCA) celebrated Teejri / Thadri on 11th August, at 145 Bandra, once again, bringing together the Sindhi community for an unforgettable evening filled with faith, laughter, and festive cheer.

The event celebrated the spirit of Thadri, dedicated to Goddess Sheetladevi, and served as a reminder of the importance of preserving Sindhi traditions while embracing togetherness and joy.

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The evening began with a traditional pooja, invoking blessings from Sheetaladevi for the health and wellbeing of all our families.



A range of engaging activities were planned — from mehndiwaalis and fun-filled games to shopping stalls featuring festive goodies and crafts. The atmosphere was buzzing with energy and colour, perfectly capturing the essence of the occasion.

A comedy act by Bhavin Ailani, whose sharp humour and relatable anecdotes had the audience laughing out loud. His performance added a lighthearted spark to an already delightful celebration.



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The President of SCAT (Sindhi Cultural Association of Toronto), Mr. Deepak Asrani & his wife Kiran attended our event and were extremely appreciative of our efforts to keep Sindhi traditions and rituals alive.

The event concluded with heartfelt camaraderie as members and guests mingled, celebrated their shared roots, and reaffirmed their commitment to keeping Sindhi culture vibrant.

USCA extends its warm gratitude to Mirchandani Builders for their generous support, which helped make the Teejri / Thadri Bash 2025 such a grand success — a true celebration of community, culture, and connection.

A huge shout out to the 145 team for their delicious food & impeccable service!



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USCA'S FIRST SINDHI SUPPER CLUB



Sindhi Supper Club – A Celebration of Tradition with a Modern Twist

The United Sindhi Cultural Association organised a delightful evening on 19th September with its first-ever **Sindhi Supper Club**, curated & presented by the talented **Reshma Sanghi**.

The exclusive dinner brought together members and friends of the Sindhi community to celebrate their rich culinary heritage through a thoughtfully designed menu that blended nostalgia with innovation.

Reshma, known for her creative flair in the kitchen, crafted a memorable dining experience featuring traditional Sindhi dishes reimagined with a contemporary touch. Each course reflected the comfort and warmth of home-style cooking while surprising guests with fresh presentation and modern techniques. From familiar flavours like Koki, and Sindhi Kadhi to inventive reinterpretations of age-old recipes, every dish told a story of cultural pride and culinary evolution.



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The intimate supper setting encouraged lively conversations, laughter, and memories of family meals shared across generations. Guests were thrilled to discover the taste of typical Sindhi dishes in a new avatar — proving that Sindhi cuisine, while deeply traditional, can be just as exciting and experimental as any modern culinary movement.

Beyond the food, the evening was about **community and connection** — a chance for people to bond over shared heritage and a love for good food. The beautifully curated ambience, warm hospitality, and Reshma's personal touch made the night truly special.

The Sindhi Supper Club is part of USCA's ongoing efforts to **promote and preserve Sindhi culture** through creative and engaging experiences. Judging by the enthusiasm and appreciation of everyone present, this event marks the beginning of many more such gatherings where tradition meets innovation — one delicious plate at a time.



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SUNDAY SINDHI BREAKFAST AT EARTH CAFE



The United Sindhi Cultural Association (USCA) organised a delightful Sunday Sindhi Breakfast on the 21st of September at Earth Café, Churchgate. The event brought together Sindhis of all ages to celebrate their shared heritage over a morning filled with flavour, laughter, and community spirit.

Guests were treated to a lovingly curated breakfast menu featuring traditional Sindhi favourites such as koki, dal pakwan, seyal bread, kutti papad and seon patata, all made with a healthy twist by Earth Café and served with style!

The morning buzzed with conversation and nostalgia as participants reminisced about family recipes, cultural traditions, and the importance of preserving Sindhi flavours for the next generation.



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SUNDAY SINDHI BREAKFAST AT EARTH CAFE



More than just a culinary experience, the breakfast served as a wonderful fellowship and bonding opportunity. Members connected with old friends and made new ones, reinforcing USCA's mission of keeping the Sindhi community vibrant and united.

The relaxed ambience of Earth Café added to the warmth of the morning, making it the perfect setting for meaningful interactions and cultural exchange.

The USCA committee members expressed their joy at seeing such enthusiastic participation and hinted at more such gatherings in the future. Events like these reflect USCA's ongoing effort to build a strong, engaged community while celebrating the unique richness of Sindhi culture through food, language, and fellowship.

As guests left with full hearts and fuller stomachs, one thing was clear — the Sunday Sindhi Breakfast was not just a meal, but a reminder of shared roots, collective pride, and the simple joy of coming together as one community.



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ONGOING ACTIVITIES SINDHI CLASSES

USCA's Online Sindhi Conversation Classes, led by Ms. Kajal Ramchandani, have become a warm and engaging space for learners of all ages.

Ms. Kajal's friendly and interactive teaching style makes the language come alive through conversation and everyday expressions. Participants, including those who are reconnecting with the language after many years, feel encouraged and confident to speak Sindhi in their homes and communities.

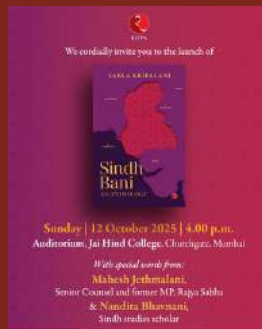
The classes foster not only language learning but also a deeper appreciation for Sindhi culture and identity. What began as a simple effort has now grown into a joyful weekly tradition that brings our community closer together.

Fill in the form if you would like to join: <https://forms.gle/KNRMEYWzo23tz4a19> or call Mala @ 9820098814 for more information

COMMUNITY NEWS

On 12th October, the USCA team attended the launch of 'Sindh Bani', delightful Stories of life in Sindh, the rich wisdom of the language's proverbs and tales, the entrepreneurial business systems of Sindh!

This book was written by Sarla Kripalani and has been published posthumously - the book was launched at Jai Hind College by Mahesh Jethmalani and Nandita Bhavnani and moderated by Sunil Lulla.





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USCA CARES!



In the remote tribal villages of Maroshi in Murbad Taluka, nearly 200 undernourished children and pregnant mothers rely on vital nutritional support to grow stronger and healthier.

Welfare Society For Destitute Children, St Catherine of Siena, has been working tirelessly to ensure that those most vulnerable receive regular medical check-ups and specially curated nutrition kits to support healthy development. Last year, the program was expanded to include expecting mothers, recognizing that good nourishment during pregnancy can help ensure healthier children and brighter futures.

However, with donor support dwindling, this critical initiative faces challenges. In the spirit of Diwali, **United Sindhi Cultural Association (USCA)** stepped forward and contributed 25 nutrition kits to families in need. Each kit contained essential food items such as dal, jaggery, groundnuts, oil, poha, tea, and spices – simple but impactful supplies that help sustain health and dignity.

This gesture is a reminder that even small acts can create meaningful change. We remain committed to supporting similar efforts and invite more well-wishers to join us in continuing this essential lifeline of nourishment and care.

If you'd like to support or know more, become an USCA supporter for just Rs. 100 per month (Rs. 1200 annually). All funds received from supporters are **used entirely for philanthropic activities**.

To become an USCA Supporter, please fill the attached form: <https://forms.gle/MMd5BqzC1Hg9pAR66> and pay Rs. 1200.

In case of any queries, please get in touch with Jyoti @ 98201 07575 or Satish @ 98206 00679



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USCA CARES!

USCA is happy to share that we recently donated 25 white canes to visually impaired individuals, through our collaboration with a partner NGO working closely in this space. A white cane is not just a mobility aid. It represents independence, safety, dignity, and the confidence to move freely in the world.

This initiative is a small yet heartfelt step towards supporting individuals who navigate life without sight. It reflects our belief that inclusion is built through consistent, meaningful acts of care and solidarity.

We are deeply thankful to our members and donors, whose support makes such work possible. Your contributions allow us to continue touching lives in real and tangible ways. Together, we hope to keep building a community where every individual feels seen, valued, and empowered.



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USCA CARES!

This Diwali, USCA took an important step toward improving the health and well-being of tribal communities living in Kalyan and nearby villages.

With generous contributions from our donors, we were able to support 150 children who are suffering from malnutrition by providing them with essential multivitamins for the entire year. Recognizing that the health of a child is closely linked to the wellbeing of the mother, USCA extended support to the mothers of these children through the same supplementation program.

This initiative was carried out in collaboration with the India Relief Foundation, whose ongoing fieldwork and medical guidance ensured that the supplements reached the families who need them most. Regular monitoring and support from local health workers will help track progress and ensure that this nutritional intervention has a lasting impact.

While this is a small step in addressing a much larger challenge, it is one that nurtures hope, dignity, and healthier futures.

We are grateful to everyone who contributed and remain committed to supporting underserved communities in meaningful and sustained ways.



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USCA FAMILY CELEBRATES DIWALI!



USCA celebrated Diwali with a warm and meaningful family gathering. On Dhanteras, we came together for a simple yet heartfelt pooja, invoking blessings for health, harmony, and continued service.

Surrounded by familiar smiles and festive spirit, the evening reminded us of the power of community and shared purpose.

With these blessings, we look forward to strengthening our efforts and continuing our work for the welfare of those we serve. May this new year bring light into every home and every heart.



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UPCOMING EVENTS: STAY TUNED

December 2025:

 **Friday, 5th - Breast Cancer Screening by USCA and Rotary Club of Bombay Pier in association with Nana Palkar Smruti Samiti at Radio Club Hall**

-  10 AM – 4 PM

The session includes:

- Breast Screening
- Immediate Reports

Limited slots available - to book your slot, please WhatsApp Jyoti Malik at: 9820107575 or register on: <https://forms.gle/DBLhZSvPHG3ZRKix5>

January 2026:

Sindhi Supper Club: “Tradition with a Twist” - 2nd Edition

A curated journey through reimagined Sindhi flavours - USCA's second edition of it's successful Sindhi Supper Club

Date: TBD

Limited slots available - to book your slot, please WhatsApp Sapna Jethani at: 9820107575 or register on: <https://forms.gle/DBLhZSvPHG3ZRKix5>

Follow us on Instagram ([unitedsindhi](https://www.instagram.com/unitedsindhi)) to keep updated about our events & initiatives.